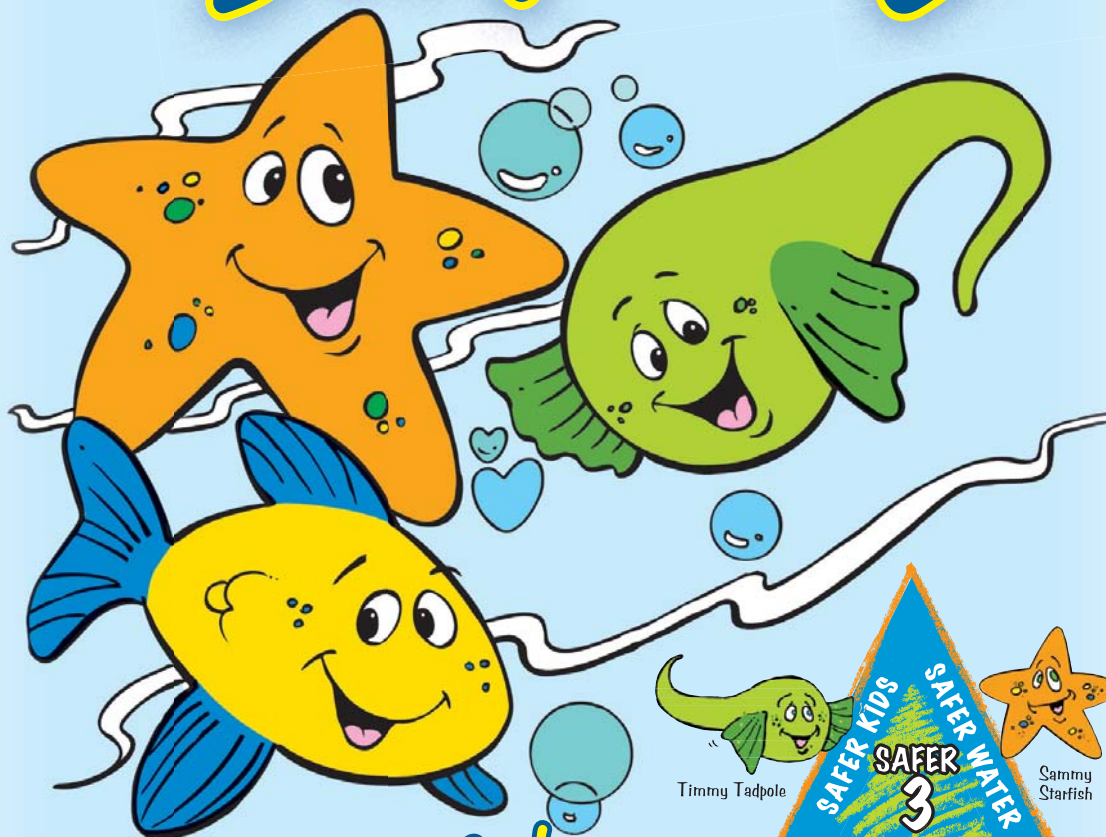


The **Safer 3**



Water Safety Adventure **Activity Book**

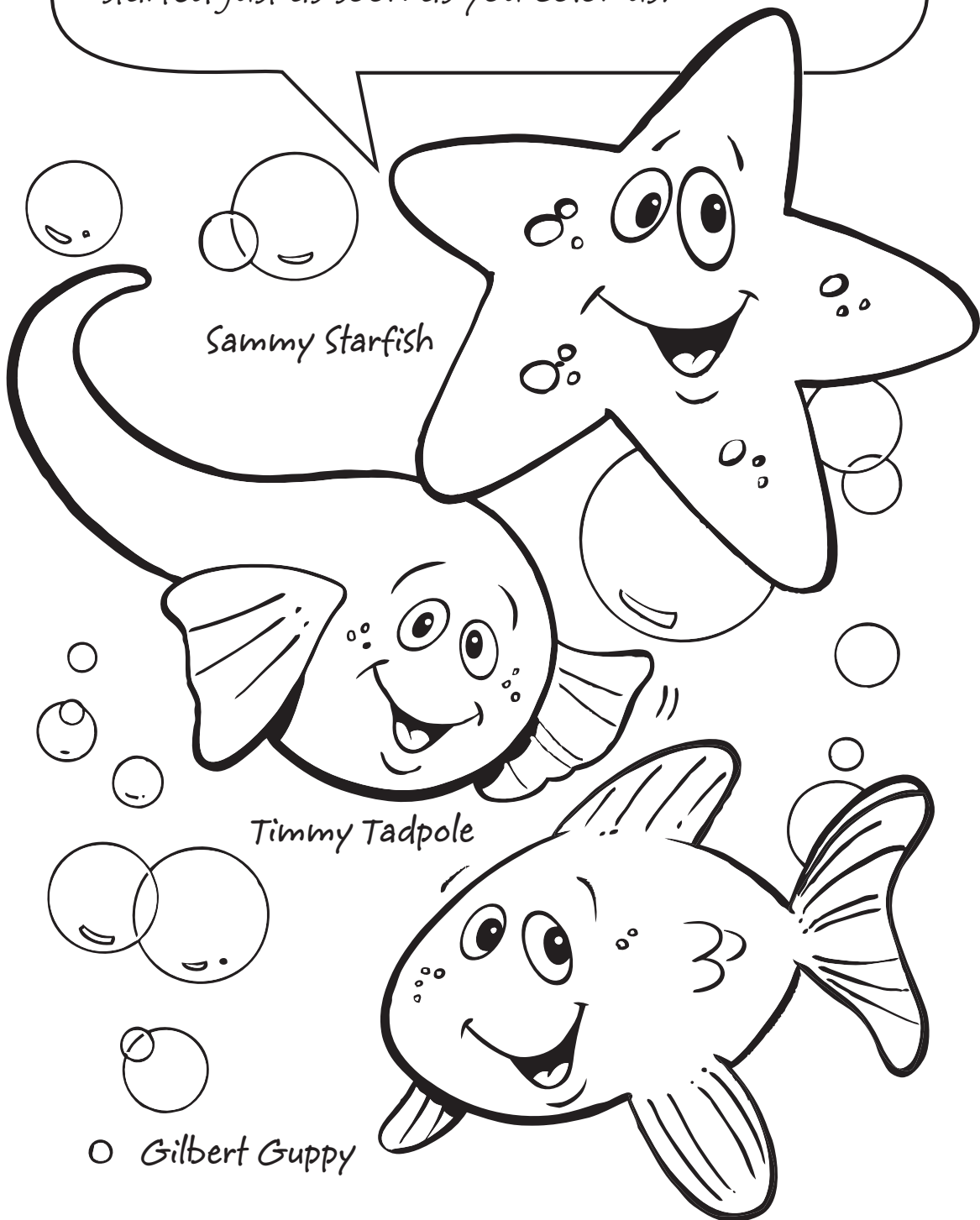
Hi, kids! My name is Bongo. It's that time of year when you and your family want to go swimming. I have some friends who want to help you stay safer in the water. Let me introduce you to the Water Pals... Sammy Starfish, Timmy Tadpole, and Gilbert Guppy!

They had an amazing adventure while becoming the Safer 3. Now they teach kids how to be safer around water. Here's your chance to join in their adventure as you complete the activities on the following pages.

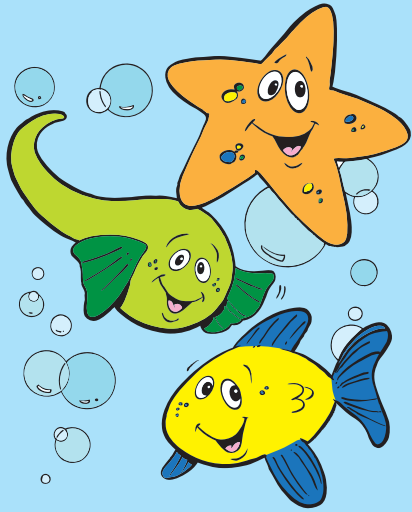


Hi, Kids!

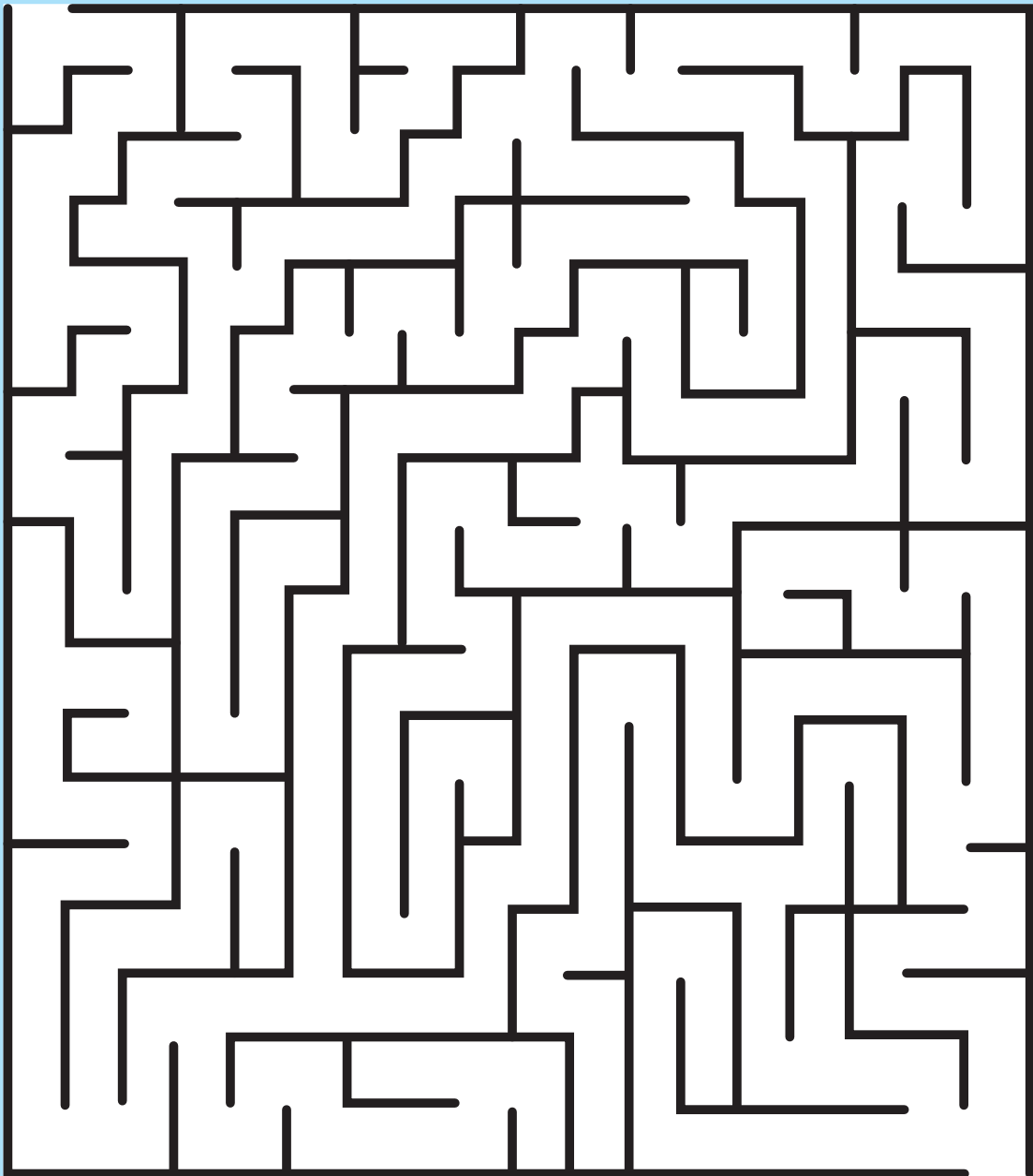
We want to teach you about water safety and tell you about our big adventure. We can get started just as soon as you color us!



© Gilbert Guppy



*Help the Water Pals
find their way to the
Magic Mermaid Queen's
secret cave.*





Can you find the Water Pals in the carvings on the cave door?
Color them as the color the rest of the door.



Safer

Install, maintain and use proper fencing, gates, gate latches, alarms and other safety equipment around the pool!

Spot The Dangers!

What dangers is Sammy Starfish marking?



Water!



Tips to Improve Pool Safety

- Install barriers to make the pool or spa area safer. Fences should be at least 4 feet high with self-closing, self-latching gates, power safety covers or doors equipped with an alarm system.
- Don't leave toys in the water. Toys could lure a child back when a parent is not present.
- Enroll in a water safety course with your child.
- Stop swimming as soon as you see bad weather.

What items can be used as safety or rescue equipment around water?

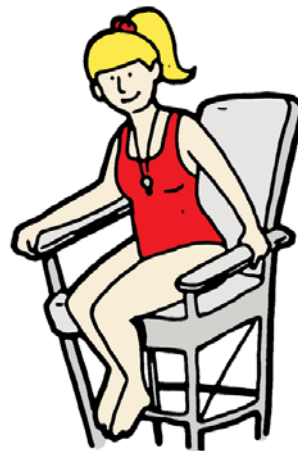


Answer: A, B, D, F

Water Safety Word Search!



Kids!



- Constant Supervision!
- Learn to swim through qualified instruction!



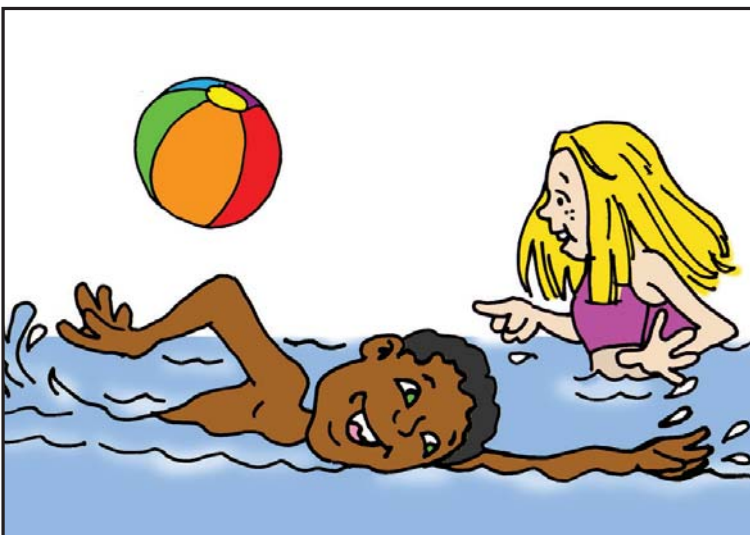
Timmy Tadpole

Which shadow matches him exactly?



What's the Difference?

Can you spot at least 6 differences?



Answers: C; Girl's suit color; girl's arm; boy's eye direction; boy's mouth; beachball color; beachball size



Color the letters that spell "SAFETY" and unscramble the remaining letters to spell an important, lifesaving technique.

F S E R A C Y
T O O O P

Which 2 phones are the same?



SAFETY
SCRAMBLE

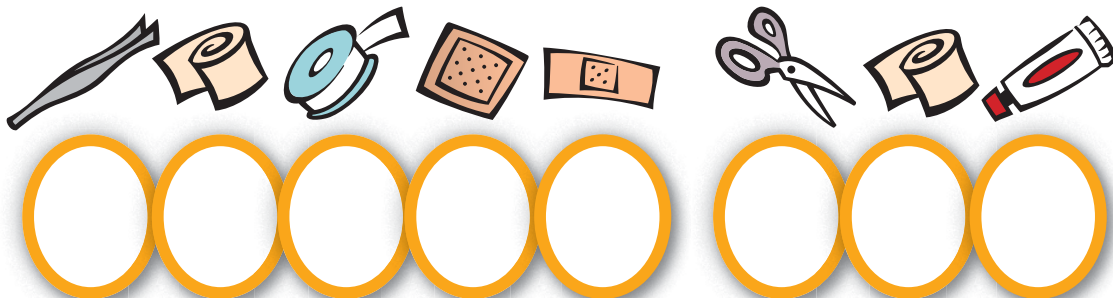
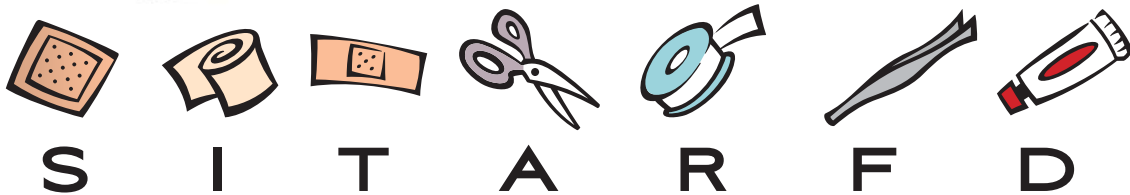
honey
curee
tacnio lpna

Response!

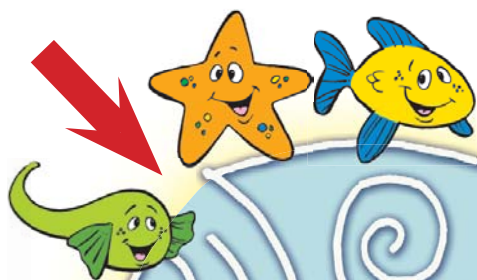
Learn rescue techniques and keep an emergency action plan and phone by the pool at all times.



Match the symbols to their letters to fill in the blank ovals.



Answers: CPR; B & D; phone, rescue, action plan, first aid



Help the Safer 3 find their way back to shore.

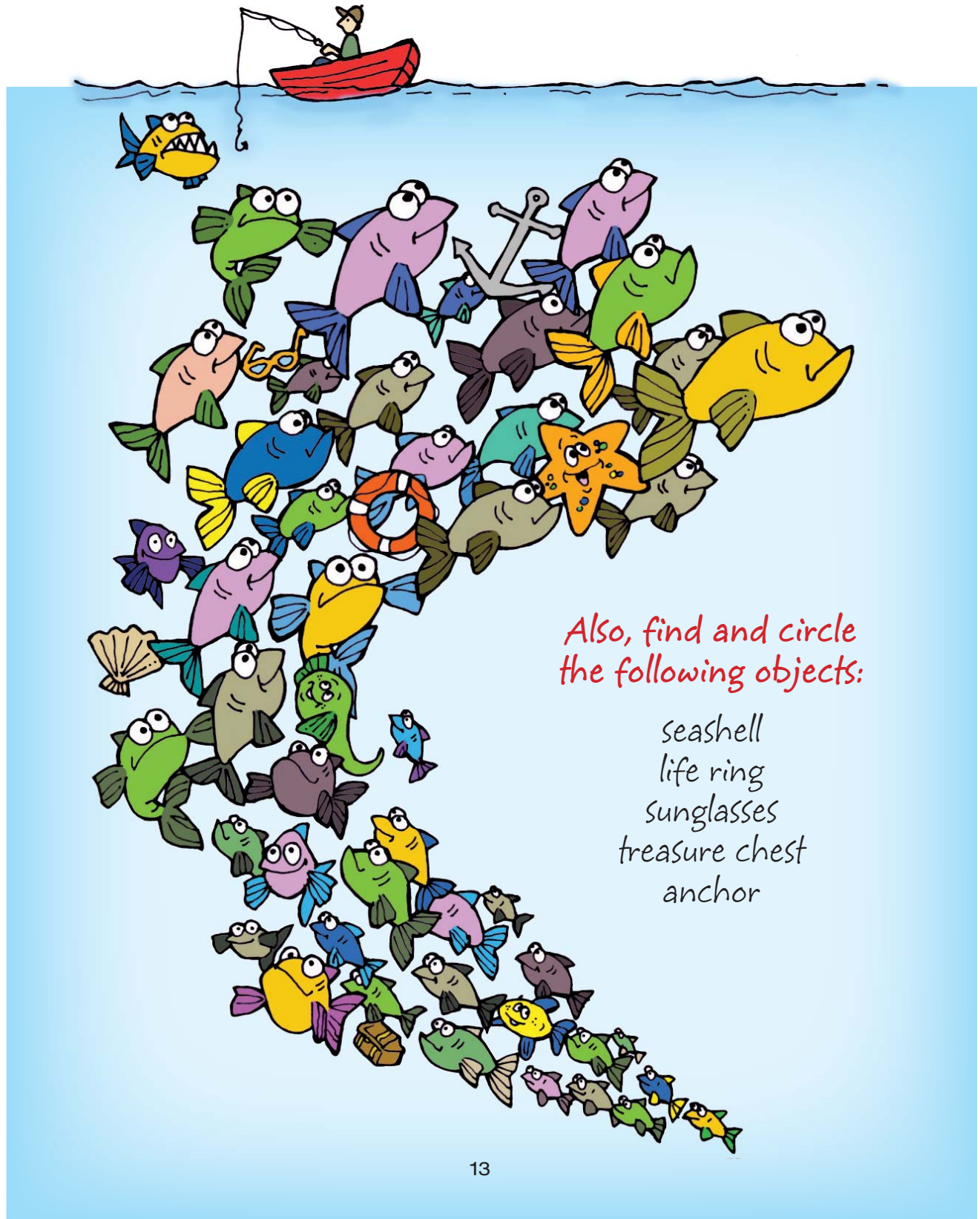
When there's an emergency, remember to use this number.

Cross out any number that appears 3 times. Then write the remaining numbers from top to bottom into the boxes below.

2	9	0
5	0	1
0	2	5
2	1	5

Where are they?

Sammy Starfish, Timmy Tadpole, and Gilbert Guppy are caught up in a swirling vortex of fish carrying them back to shore from the Magic Mermaid Queens cave. *Can you find them?*



*Also, find and circle
the following objects:*

seashell
life ring
sunglasses
treasure chest
anchor

The Safer 3 can't do it alone!

Find out who can help spread water safety
by decoding the Safer 3 message below.

Match the letter to the symbol, and write it on the blank below
Then you can color the picture.



U



W



D



N



E



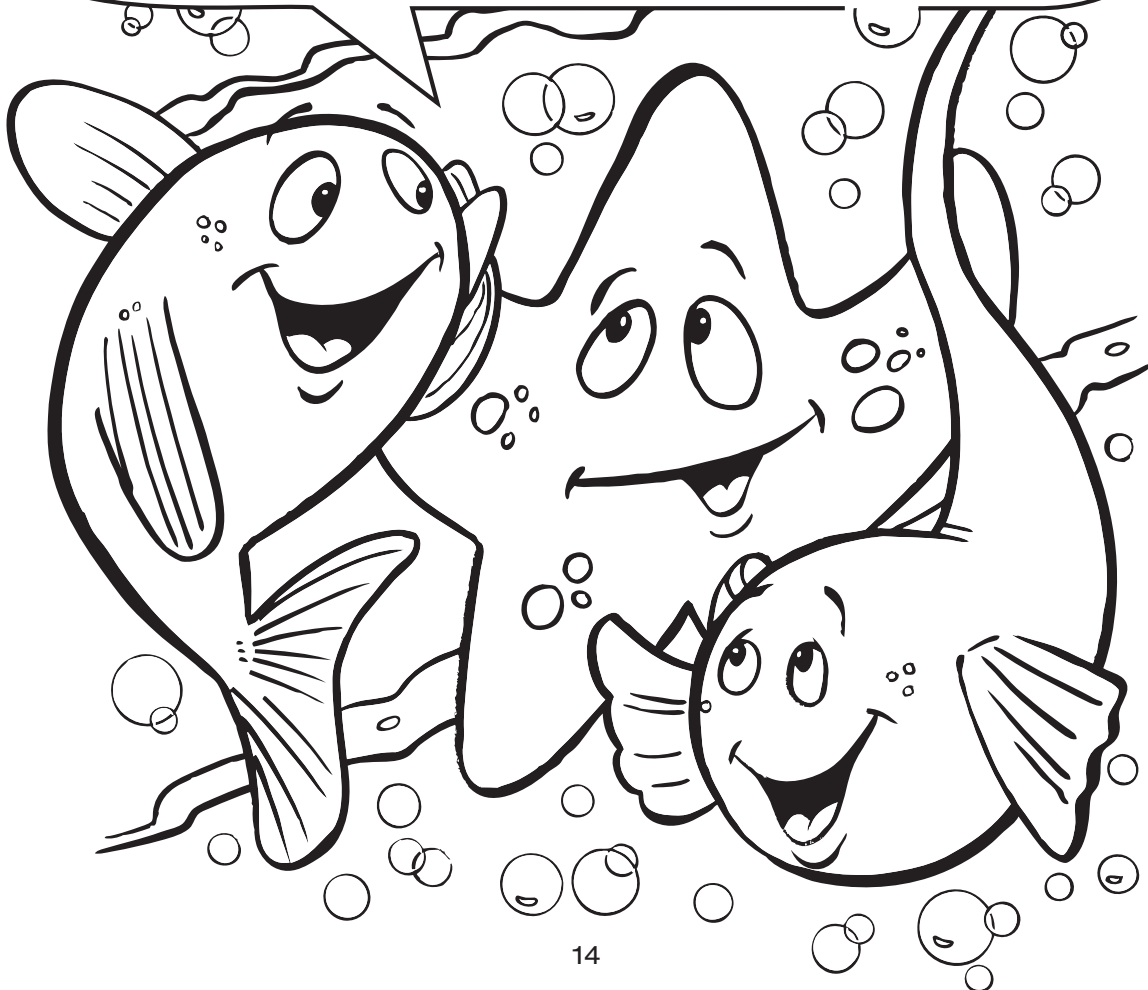
O



Y



_____ !





The Safer 3

Safer Water • Safer Kids • Safer Response

The **Safer 3** is a comprehensive initiative to dramatically reduce drowning incidents by:

- 1) Recognizing risks associated with water related activities
- 2) Implementing strategies to reduce and manage those risks
- 3) Responsibly maintaining those strategies

The main concept of the Safer 3 is based on the definition of the word “Safe.”

Safe means you are free from risk of harm or danger. When it comes to water, that simply isn’t true. There is always risk when you are in, on or around the water.

The risk may vary in degree from very slight to very severe.

The letter “r” in the word “Safer” reflects that difference. Risk of drowning is found in 3 main areas; **Water**, a **Person** which we shall refer to as a **KID**, since we are all someone’s kid, and a **Response** that will become the last chance for saving a life.

Safer Water: means identifying where the risks are with any body of water (bathtubs, pools, spas, lakes, rivers or oceans) and learning how to reduce those risks. For example, installing barriers such as isolation fencing around a backyard pool would reduce the risk of unauthorized access to the pool by young children.

Safer Kids (people): means reducing the risks for the potential victim. This can be accomplished by maintaining constant, responsible adult supervision and acquiring water safety and swimming skills through ongoing qualified instruction. Following water safety rules and safer practices such as wearing a Coast Guard approved life jacket can lower the risk.

Safer Response: means reducing risk during an emergency by learning cardiopulmonary resuscitation (CPR), first aid and other rescue and emergency response techniques. Equally important is an emergency action plan and a phone by the pool at all times.

We believe the Safer 3 concept of asking “**where is the risk**” can dramatically lower drowning incidents worldwide. We ask for your help to realize this goal.

Where is your risk?





The Swim for Life Foundation and the National Drowning Prevention Alliance are volunteer-driven 501(c)(3) nonprofit organizations, founded separately in 2004. Members of both organizations are dedicated to drowning prevention for all age groups in all bodies of water through public education, advocacy and strategic partnerships.

Vision

- A world without drowning.

Mission

- Create a culture that helps protect EVERY PERSON from drowning through heightened water safety awareness and the promotion of swimming proficiency for everyone. Promote the **Safer 3 Message**:

Safer Water, Safer Kids, and Safer Response = LIFE

Goals

- To reduce the number of drownings through the Safer 3 program, and to support research, education and initiatives that promote swimming and water safety.
- To enrich people's lives by promoting the life-long benefits of swimming for safety, health, fitness and recreational enjoyment.
- To lead the water safety movement by providing the most comprehensive water safety education tools to parents, children, swim agencies and the general public.

Both organizations believe that an ongoing, year-round, educational campaign is needed to significantly reduce the number of drownings, not only in the United States, but around the world.

We are proud to partner with the U.S. Swim School Association, the U.S. Consumer Product Safety Commission and many other health and safety organizations to share the message.

***Drowning IS preventable.
Follow the Safer 3.***

To learn more about how you can further the awareness of water safety and drowning prevention, please visit the organizations at the websites listed below:



www.safer3.org



www.PoolSafely.gov



www.npda.org