Studying Tips for Better Recall

Studying can be difficult especially when it involves memorization of certain dates, places, names and other details. But studying need not be difficult!

On page 13 of the courseware **Memory (Kids)** from **NodmaLearning.com**, the author created a video where he discussed the 5 episodic memory effects and how they can be used by the students in studying for better recall. One of these 5 episodic memory effects is the **Von Restorff Effect**.

The Von Restorff Effect is when you remember things because they are unusual, surprising, exciting or amazing.



Let's check if you can use the **Von Restorff Effect** and see how effective it can be in recalling things. Below is a list of words. For this activity, get your phone's timer ready and set it to 1 minute. Then start the timer as you go through each of the 20 words in the list, with a time limit of 3 seconds for each word. Be honest and stop looking at the page when your timer goes off after 1 minute. You may then proceed to the next page to answer the questions. Have fun!

1	C	4	N	D	LI	Ε

2. HEART

3. SWAN

4. BOAT

5. HOOK

6. ELEPHANT

7. CLIFF

8. SNOWMAN

9. BALLOON

10. BAT AND BALL

11. GOALPOST

12. LETTER 'R'

13. LETTER 'B'

14. KITE

15. WIND SOCK

16. GOLF PLAYER

17. FLAG

18. RIBBON

19. PIPE

20. GOLDEN GOOSE



Time is up! Now, recall the words with its corresponding numbers:



Type of Resource:

This is a fun quiz from Nodma e-learning app that may be printed and distributed to students to educate them on how episodic memory works and to give them a memory test. Kids will be asked to answer questions after being given time to read something. The actual courseware features engaging colorful animated characters, really helpful instructional videos, fun memory exercises, and interesting facts and trivias.

How to use this Resource:

You may use this resource if you are a teacher who aims to provide helpful studying tips to your students. Start the discussion by talking about episodic memory and what it means. You can then print the quiz and let the students answer to test their memory. Afterwards, ask the class to cite examples of episodic memory by asking them to tell about their personal experiences for the past week including details such as particular times and places of the events that took place.



Correct answers for the Questions in this Resource:

- 1. CANDLE
- 2. HEART
- 3. SWAN
- 4. BOAT
- 5. HOOK
- 6. ELEPHANT
- 7. CLIFF
- 8. SNOWMAN
- 9. BALLOON
- 10. BAT AND BALL

- 11. GOALPOST
- 12. LETTER 'R'
- 13. LETTER 'B'
- **14. KITE**
- 15. WIND SOCK
- 16. GOLF PLAYER
- 17. FLAG
- 18. RIBBON
- 19. PIPE
- 20. GOLDEN GOOSE

More Details about the Resource:

Memory for Kids is a memory course app developed for helping kids aged 9-12 improve their memory function produced by leading e-publisher Amdon through its proprietary e-learning platform, PageWerkz and using Nodma, the e-learning app with no limits. Created with engaging colorful animated characters, really helpful instructional videos, fun memory exercises, and interesting facts and trivias, Memory Kids is the eLearning tool you should get for boosting memory and sharpening minds of your kids.

To enjoy the full interactive experience, click https://nodma.link/43y and get 75% discount using the code: SBXKID75

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